

The book was found

I've Got My Period. So What?



Synopsis

Your period. What is it, really? And why is it so embarrassing to walk to the bathroom hiding a tampon in your sleeve? Comedian and Scandinavian YouTube sensation Clara Henry has the answers to all your burning questions about bleeding. Have you always wondered what menstruation is, why it causes terrible cramps, or why it makes you want to do nothing but eat chocolate and watch cute cat videos? Have you been shocked that it's taboo to talk about something that half the world's population goes through every month? And above all, have you been looking for the best snarky response to the question "Are you on your period, or what?" Whether you're expecting your first period, have already gotten it, or know someone close to you who's just begun the torment, this funny and informative book will tell you everything you need to know. In a funny, powerful, and entertaining voice, this book covers important terms, types of sanitary protection, and the history of menstruation and women's fight for equal access to reproductive healthcare. And if you suddenly find yourself hankering for chocolate or cute animals? Well. Welcome to the period club.

Book Information

Paperback: 192 pages

Publisher: Sky Pony Press (August 15, 2017)

Language: English

ISBN-10: 1510714227

ISBN-13: 978-1510714229

Product Dimensions: 0.5 x 6.8 x 9.5 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,362,843 in Books (See Top 100 in Books) #62 in Books > Teens >

Personal Health > Maturing #110 in Books > Children's Books > Growing Up & Facts of Life >

Health > Maturing #132 in Books > Teens > Personal Health > Body, Mind & Spirit

Age Range: 12 and up

Grade Level: 8 and up

Customer Reviews

"What sets this apart from other works that explain the basics of these processes is its extensive examination of the societal attitudes (including a short section that looks at these cross-culturally) that often cause shame around this natural bodily function and how it can be used

in sexist ways to discount women who speak their minds . . . Appealingly laid out in black and white with color washes and photos, comics-style graphics, and pull quotes, this chatty, frank, exhaustive exploration provides both solid information and plenty to think about. Åçâ –Â• Åçâ –â çKirkus Reviews Åçâ –Â“This book should be read by the earth’s entire population!Åçâ –Â• Åçâ –â çTidningen HÃfÃrjedalen Åçâ –Â“Everyone loves [Clara Henry]. After reading her book on periods, I love her too . . . Finally there is the perfect book to speak to teens in the only language they understandÅçâ –â çnamely, YouTube-ish. [Fantastic,] informative and feminist.Åçâ –Â• Åçâ –â çGothenburg Post Åçâ –Â“Incredibly important.Åçâ –Â• Åçâ –â çFeministbiblioteket Åçâ –Â“God, how good this is! This is absolutely the best trade book I read this year, precisely because it tells a truth that we ourselves are good at hiding. I think everyone should read this, men and women, to get a better understanding of periods and what they are.Åçâ –Â• Åçâ –â çMitt liv som Miimz Åçâ –Â“The book is chock full of facts, but thanks to Clara’s light and humorous tone, it is very easy to read. A book for everyone, whether you are uterus-carrier or not.Åçâ –Â• Åçâ –â çBlanka.fi Åçâ –Â“A good book that removes the embarrassing stamp on something very normal.Åçâ –Â• Åçâ –â çLÃfÃsfÃfÃtÃfÃ¶ljens Bokblogg

Clara Henry is twenty-one years old and is the most famous YouTuber in Scandinavia. At age twelve, she launched her first blog. Today she has hundreds of thousands of followers on her YouTube channel, Instagram, and Twitter, thanks to her cheerful and confident style. Her book, IÅçâ –â„çve Got My Period. So What? received the prize for best book of the year in 2015 in Sweden. Clara lives in Stockholm, Sweden.

I wish I’d had this book years ago! With wit and brilliance, Clara Henry explores periods in empowering, insightful ways. As someone who works in women’s sexual empowerment, I’m beyond grateful that a book of this nature exists. Buy it for yourself and other uterus owners in your life.

[Download to continue reading...](#)

Nicaragua Early History: Precolonial Period, Colonial Period, United States Intervention I’ve Got My Period. So What? How the Sphinx Got to the Museum (How the . . . Got to the Museum) When Fish Got Feet, Sharks Got Teeth, and Bugs Began to Swarm: A Cartoon Prehistory of Life Long Before Dinosaurs Game Of Thrones: 10 Most Memorable moments from Game of thrones & 23 Facts about GOT you should Know, 26 Jokes only people who’ve finished GOT Season 5 Will understand (Game of Thrones Secrets) Got ’Em, Got ’Em, Need ’em: A Fan’s Guide to Collecting the Top 100 Sports Cards of All Time Drawings and Plans of Frank Lloyd Wright: The Early Period (1893-1909)

(Dover Architecture) Rigging Period Fore-and-Aft Craft Scroll Ornaments of the Early Victorian Period (Dover Pictorial Archive) Vintage Face: Period Looks from the 20s, 30s, 40s, & 50s An Illustrated History of Music for Young Musicians - The Middle Age- Renaissance Period Period Ship Kit Builder's Manual When There Are No Words: Repairing Early Trauma and Neglect From the Attachment Period With EMDR Therapy Music for Analysis: Examples from the Common Practice Period and the Twentieth Century [With CD (Audio)] Music for Analysis: Examples from the Common Practice Period and the Twentieth Century Techniques and Materials of Music: From the Common Practice Period Through the Twentieth Century (with eWorkbook Printed Access Card) Still Life: Still Life Painting in the Early Modern Period The Period Book: A Girl's Guide to Growing Up Period.: A Girl's Guide HelloFlo: The Guide, Period.

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)